

# KOONAMBIL NEWS

DECEMBER 2018



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## FROM THE CEO'S DESK

Our major building upgrade is almost finished! We're thrilled to see the work completed on schedule and in time for Christmas. The new consulting room, office, nurse call system and laundry are done, and residents are enjoying the new air conditioning.

As I reflect on this year's achievements, our staff are top of the list.

Our team of registered nurses and the hours of RN care received by residents has expanded exponentially. Numbers of general care staff has also increased.

A new performance appraisal tool has had great impacts on staff management and team building. I'm proud to see increased communication between staff, greater collaboration as staff support and encourage each other to take ownership of their work. All staffing developments are for the ultimate benefit of our residents.

Next year will see the introduction of new Aged Care Quality Standards, which are written to be even more resident-focused. While the new standards won't be adopted until July 2019, we are already working to implement them here, in preparation for our reaccreditation.

These new standards means that 2019 will have a large administrative focus to ensure Koonambil remains compliant and has the right policies and procedures in place.

I'd like to personally wish all our residents, their family and friends, our staff and the wider community a wonderful Christmas and holiday period.

**Cath Bush | CEO**

### *Our Mission*

Provide high quality care and services in a range of accommodation settings

## THE HIGHLIGHTS OF 2018

- ✓ Activities, outings and opportunities for residents
- ✓ More registered nurses and care staff, for resident care
- ✓ New performance appraisal tool helping staff to excel
- ✓ Major building and infrastructure upgrades to the facility
- ✓ Strategic planning bringing our long-term vision to life



# RESIDENT CARE REPORT

Recently, we've welcomed **new residents** Ted and Margaret Johnstone.

While there are some vacancies at Koonambil, we are taking the opportunity to continue to upgrade residents' rooms.

We've been working closely with our physio Rob to introduce new individual manual handling plans for residents which staff are finding very useful. Personalised Resident Manual Handling Profiles are easily accessible in each resident's room, ensuring resident care is delivered to suit personal needs and staff are provided with a safe workplace. Our registered nurses updates these plans each week, ensuring all residents current needs are met.

With the introduction of the new Aged Care Quality Standards next year, we will need to revise how we document the care we provide to residents. The new standards have been written to be more resident-focused, which is reflective of the high quality of care that we're recognised for providing.

Ongoing staff training and development will also support the introduction of the new Aged Care Quality Standards. Wound care and dementia care are two areas staff will be upskilling in 2019.

In the last few months, our **condolences** have been with the families of Harold Tym, Peggie Readford, Naka Kennedy and Maisie Fernando.

**Lynne Waterford | Care Manager**



*Clockwise from top left:* Peter McIntyre celebrated his 90<sup>th</sup> birthday with family; walks along the river with the Clontarf boys; a garden party and dressing up for Melbourne Cup.





## ACTIVITIES REPORT

# 01

In **October**, residents enjoyed school holidays with visitors coming from near and far.

Activities are ever-popular. Big crowds continue to turn up for Botcha and Ten Pin Bowls proved to be a close but cheerful game.

Clontarf boys have started visiting weekly and taking residents for river walks.

There was a bus trip to Outback Arts to admire the local talent in the Outback Archies exhibition where residents could pick a favourite for the 'People's Choice Award'.

Highlights of shopping trips included Leonard's Store and coffee at CJs. Residents also enjoyed a lunch at the newly renovated Terminus Hotel.

Residents made Melbourne Cup decorations and hats to wear while watching the race. We also watched the Royal visit to Dubbo on the TV.

# 02

**November** featured a garden party with cake, biscuits and old time music favourites.

We attended a Community Wellness Morning in the park with lots of different stalls and caught up with some people we hadn't seen in ages. Later, residents went for a drive to see a few streets and some of their old homes.

On another trip, residents visited the cemetery to see poppies placed on World War I soldiers' headstones.

Riverwalks continue to be popular as the weather warms up and activities are keeping everyone busy.

Trivia in November was a highlight with some very clever answers and Pro Golf is always a hit.

Regular shopping trips and a cuppa in town are continuing as residents always enjoy the chance to get out and about.

# 03

In **December**, we celebrated the completion of renovations! The residents' Christmas party took on a new format, with residents and staff putting on a skit. All there were thoroughly entertained and captivated!

With many friends and family around, residents have enjoyed having visitors and preparing to celebrate the silly season. Koonambil is dressed to impress with decorations transforming the building into a Christmas wonderland.

Residents had bus trips to Combara, around town to see Christmas lights decorating houses, and to Outback Arts for the Art4Ag photography exhibition.

Botcha and Jackpot Bingo were highlights, while Music of the Minds played Slim Dusty, Tom Jones, Charlie Pride and more as residents tapped, danced and sang an afternoon away.



## FAREWELL GRACE

We will sadly farewell one of our most valued and long standing staff members at the end of 2018. Grace Andrews (right) has made great contributions to Koonambil over the last 15 years, most recently as Aged Care Funding Instrument (ACFI) coordinator. Grace will be dreadfully missed and we wish her a wonderfully relaxing retirement.



## MESSAGE FROM THE BOARD

The 2017-18 Annual Report was presented at our AGM recently, and can also be viewed at [koonambil.com.au](http://koonambil.com.au). I encourage you to have a look at this comprehensive wrap up of Koonambil's successes over the past year. Key achievements for me are the installation of the new laundry, meeting and education room, and consulting room for doctors clinics and visiting specialists. These renovations will make it easier for staff to do their jobs, and ensure residents' comfort.

Koonambil membership is open to all community members and costs just \$11 per year. Please see the office to become a member of Koonambil and stay up to date with all our news.

As Christmas is quickly approaching, I'd like to wish all residents and their families a happy and safe holiday season from the Board.

David Ryan | Chair

## OUR DETAILS

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**Board of Management 2017-2018**

Chair: David Ryan

Deputy Chair: Colin Readford

Treasurer: Dianne Smith

Directors: Beverley Davidson, Eric Fisher, Marianne Lampe, Joan Leonard

## STAFF MEMBERS

**CEO** Cath Bush

**Finance Manager** Helen Rackham

**Care Manager** Lynne Waterford

**Registered Nurses** Janie Johnston, Maddie Cassegrain, Fran Mooy.

**Clinical Care** Grace Andrews

**Care Staff** Diane Molloy, Laura Finn, Rick Kennedy, Gill Roworth, Deanne Towns, Leonie Jones, Marie McLellan, Dianne Gregory-Hunt, Tammy Haycock, Kerry Hansen, Tammy White, Tori Canham, Alesha Evans, Jess Vine, Mekala Smith

**Hotel Services** Rhonda Ingram, Allison Pawley, Jenise Thomas, Fiona O'Malley, Gail Day, Wendy Geale, Jess Canham, Liberty Wall, Mary Grace Yurong

**Activities** Jane Haycock, Jess Canham  
**Maintenance & Gardens** Mick Murray, John Robinson